GMT	Crew	ACTIVITY
13:00-13:10		Morning Inspection
13:10-13:20	VCFE1,VCCDR	VIRUS. Saliva Sampling
13:10-13:40	FE-1,VCFE2	Post-Sleep
13:10-13:40	FE-2,CDR	PARODONT. Investigation of human paradontium
13:20-13:40	VCFE1,VCCDR	- Post-Sleep
13:40-13:55	FE-2,CDR	
13:40-14:45	VC4	
13:40-14:30	FE-1	Breakfast
13:55-14:30	CDR,FE-2	
14:30-15:00	FE-1	- Work Prep
14:30-14:45	CDR,FE-2	- Work Frep
14:45-15:05	VCFE2	LSO. Transfer of data between media. HDD disassembly
14:45-15:25	FE-2	MO-22. Sanitation and Disease Examination
14:45-15:00	VCCDR,VCFE1	SLEEP. Completion of Questionnaire
15:00-15:15	FE-1	Daily Planning Conference (S-band)
15:00-15:15	VCCDR,VCFE1	SLEEP. Final Operations
15:05-15:25	VCFE2	LSO. Hardware Power Down and Disassembly
15:15-15:30	VCCDR	SYMPATO. Final Operations and Transfer to Soyuz
15:15-15:25	FE-1	Payload Status Check
15:25-15:30		DCP Cable Connection on LAB
15:25-16:10	FE-2	EGE-2. Transfer of Data to HDD
15:25-15:40	VCFE2	SLEEP. Completion of Questionnaire
15:30-15:45	CDR	AK-1M Air Sampling (in SM)
15:30-16:00	VCCDR	TV Camera Disassembly
15:40-15:55	VCFE2	SLEEP. Final Operations
15:40-16:10	VCFE1	GCF-B. Transfer and Stowage on Soyuz
15:45-15:55	CDR	Comm Configuration for Soyuz Undock and Descent
16:10-16:30	VCFE1	MSS (MESSAGE) Final Operations
16:20-17:20	VCFE2,VCCDR	Soyuz TM-34 Reactivation
16:30-17:20	VCFE1	- Joyuz Hvi 34 Nedetivation
17:05-17:20	MKC5	TV Prep (To=17.31, T1,T2,T3 from CΠΠ Automated Timeline)
17:20-17:40		Soyuz-FGB Transfer Hatch Closure. TV of Transfer Hatch Closure
17:40-18:30	VC4	Hatch Leak Check
18:30-00:00	VC4	Operations based on Soyuz procedures
18:10-19:10	CDR	PHYSICAL EXERCISE - TVIS-2
18:25-18:40	FE-2	Laptop 3 Setup for Relaxation Experiment
18:40-19:10		RELAXATION. Equipment Setup
19:10-20:10	CDR,FE-1	Lunch
19:10-20:05	FE-2	
20:10-20:50	CDR	СОЖ Maintenance

20:05-20:30	FE-2	RELAXATION. Observation of Earth's Limbus. Conference with Experts (S-band)
20:30-20:45		RELAXATION. Hardware Disassembly.
20:45-21:00		Resetting of Laptop 3 following RELAXATION Experiment
21:25-22:25	FE-1	Crew Departure Prep
22:25-23:25	CDR,FE-2	
	FE-1	PHYSICAL EXERCISE - TVIS
23:25-00:55	FE-2	PHYSICAL EXERCISE - (TVIS+A.O.)-2
	FE-1	PHYSICAL EXERCISE - RED
00:00-00:10	CDR	Comm Reconfig to Nominal Following Soyuz Landing
00:25-01:55		PHYSICAL EXERCISE - (TVIS+A.O.)-2
01:45-01:50	FE-1	Low-Temperature Loop Deactivation
01:50-02:20		CWC Servicing out of LAB Condensate
03:00-04:00	FE-2	PHYSICAL EXERCISE - TVIS-2
04:00-04:30		Supper
04:30-05:00		Daily Food Prep
05:00-06:00		Pre-Sleep
06:00-16:00		Sleep

Note: Cf. OSTP for any missing references to US activities End of Radiogram